

# OCTOBER 2017

## Ethel Reed Elementary

All meals come with milk.  
Water is available.

### Breakfast & Lunch Menu

#### Monday

2

Breakfast: Biscuit Sandwich  
Cereal & Toast, Fruit

Lunch: Pizza Stick  
Veg, Fruit

#### Tuesday

3

Breakfast: Yogurt & Toast  
Cereal, Fruit

Lunch: Cowboy Stew  
Cornbread, Veg, Fruit

#### Wednesday

4

Breakfast: French Toast sticks  
Cereal & Toast, Fruit

Lunch: Baked Chicken  
Roll, Veg, Fruit

#### Thursday

5

Breakfast: Cereal & Toast  
Fruit

Lunch: Taco Salad  
Veg, Fruit

#### Friday

6

Breakfast: Poptarts  
Cereal & Toast  
Fruit

Lunch: Mini Corn Dogs & FF  
Veg, Fruit

**Fabulous Friday**

9

Breakfast: Eggs, Sausage &  
Toast, Cereal, Fruit

Lunch: Chicken Nuggets  
Veg, Fruit

10

Breakfast: Combo Bar & Toast  
Cereal, & Toast, Fruit

Lunch: Chili Frito Pie  
Veg, Fruit

11

Breakfast: Pancakes & Sausage  
Cereal, Fruit

Lunch: Bologna & Cheese  
Sandwich, Veg, Fruit

12

Breakfast: Cereal & Toast  
Fruit

Lunch: Chicken & Noodles  
Veg, Fruit

13

Breakfast: Tornados & Toast  
Cereal, Fruit

Lunch: Cheeseburger & FF  
Veg, Fruit

16

Breakfast: Biscuit & Gravy  
Cereal, Fruit

Lunch: Hot Dogs, Veg, Fruit  
**Kindergarten –Field Trip**

17

Breakfast: Omelet & Toast  
Cereal, Fruit

Lunch: Bologna & Cheese  
Sandwich, Veg, Fruit

18

**P/T Conference Mon 16th &  
Tues 17th. 4-7**

19

**Enjoy Fall Break  
Oct. 18-20  
See you Monday!**

20

23

Breakfast: Biscuit & Gravy  
Cereal, Fruit

Lunch: Sloppy Joes & FF  
Veg, Fruit  
**1st grade Field Trip**

24

Breakfast: Omelet & Toast  
Cereal, Fruit

Lunch: Mac & Cheese, Smokies,  
Veg, Fruit

25

Breakfast: Pancake on a Stick  
Cereal & Toast, Fruit

Lunch: Burrito  
Veg, Fruit

26

Breakfast: Cereal & Toast  
Fruit

Lunch: Tomato Soup & Goldfish  
Crackers, Veg, Fruit

27

Breakfast: Muffin  
Cereal & Toast, Fruit

Lunch: PBJ Sandwich  
Veg, Fruit  
**PK Field Trip**

30

Breakfast: Biscuit Sandwich  
Cereal & Toast, Fruit

Lunch: Pizza Stick  
Veg, Fruit

31

Breakfast: Yogurt & Toast  
Cereal, Fruit

Lunch: Cowboy Stew  
Cornbread, Veg, Fruit

This institution is an equal opportunity employer and provider.