

# JANUARY 2018

All Meals come with Milk.  
Water is available.

Breakfast and Lunch Menu's

## Thomas Intermediate School

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1

New Years Day!

2



3

Start back

January 4<sup>th</sup>

See you tomorrow

4

Breakfast: Poptarts  
Cereal & Toast, Fruit

Lunch:  
Mac & Cheese, Lil Smokies  
Hot Roll, Veg, Fruit

5

Breakfast: Tornado & Toast  
Cereal & Toast, Fruit

Lunch:  
Soup & Grilled Cheese  
Veg, Fruit

8

Breakfast: Sausage Biscuit  
Sandwich  
Cereal & Toast, Fruit

Lunch:  
Ravioli, Veg, Fruit

9

Breakfast: Pizza  
Cereal & Toast, Fruit

Lunch:  
Fish & Mac n Cheese  
Veg, Fruit

10

Breakfast: Pancakes & Sausage  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles, Breadstick  
Veg, Fruit

11

Breakfast: Cereal & Toast  
Fruit

Lunch:  
Chili Mac, Breadstick  
Veg, Fruit

12

Breakfast: Yogurt & Donut  
Cereal, Fruit

Lunch:  
Corn Dogs & FF  
Veg, Fruit

15

Martin Luther King  
Day  
No School

Breakfast: Combo Bar & Toast  
Cereal, Fruit

Lunch:  
Cowboy Stew & Cornbread  
Veg, Fruit

17

Breakfast: Pancake on a Stick  
Cereal & Toast, Fruit

Lunch:  
Chicken Crispito  
Veg, Fruit

18

Breakfast: Cereal & Toast  
Fruit

Lunch:  
Sloppy Joe, Veg, Fruit

19

Breakfast: Muffin  
Cereal & Toast, Fruit

Lunch:  
Chicken Nuggets & FF  
Veg, Fruit

22

Breakfast: Biscuit & Gravy  
Cereal & Toast, Fruit

Lunch:  
Chicken Fried Steak Dinner

23

Breakfast: Eggs & Toast  
Cereal, Fruit

Lunch:  
Hot Dog & FF  
Veg, Fruit

24

Breakfast: Waffles  
Cereal, Fruit

Lunch:  
Baked Ziti  
Veg, Fruit

25

Breakfast: Poptarts  
Cereal & Toast, Fruit

Lunch:  
Sandwich Day  
Veg, Fruit

26

Breakfast: Tornado & Toast  
Cereal & Toast, Fruit

Lunch:  
Baked Chicken  
Veg, Fruit

29

Breakfast: Sausage Biscuit  
Sandwich  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich  
Veg, Fruit

30

Breakfast: Pizza  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Hot Roll, Veg, Fruit

31

Breakfast: Pancakes & Sausage  
Cereal & Toast, Fruit

Lunch:  
Sandwich Day  
Veg, Fruit

Every Tuesday – Thursday we offer a full salad bar along with each meal.  
Students may buy ice cream after lunch. They must have cash or credit on their account.

This Institution is an equal opportunity provider.