

# OCTOBER 2018

## Jr High & High School

Breakfast & Lunch Menus

Milk is a choice with each meal.  
Water is available at each cafeteria.

### Monday

**1**  
Big Wolverine Breakfast  
  
Lunch:  
Chicken Sandwich & Chips  
Veg & Fruit Bar

**8**  
Big Wolverine Breakfast  
  
Lunch:  
Steak Sandwich & Chips  
Veg & Fruit Bar

**15**  
Big Wolverine Breakfast  
  
Lunch:  
Cheeseburger & FF  
Veg & Fruit Bar

**22**  
Big Wolverine Breakfast  
  
Lunch:  
BBQ Sandwich & Chips  
Veg & Fruit Bar

**29**  
Big Wolverine Breakfast  
  
Lunch:  
Chili Frito Pie  
Veg & Fruit Bar

### Tuesday

**2**  
Breakfast Bar  
Burrito or Biscuit Sandwich  
  
Lunch:  
Pizza Day  
Veg & Fruit Bar

**9**  
Breakfast Bar  
Burrito or Biscuit Sandwich  
  
Lunch:  
Pizza Day  
Veg & Fruit Bar

**16**  
Breakfast Bar  
Burrito or Biscuit Sandwich  
  
Lunch:  
Pizza Day  
Veg & Fruit Bar

**23**  
Breakfast Bar  
Burrito or Biscuit Sandwich  
  
Lunch:  
Pizza Day  
Veg & Fruit Bar

**30**  
Breakfast Bar  
Burrito or Biscuit Sandwich  
  
Lunch:  
Pizza Day  
Veg & Fruit Bar

### Wednesday

**3**  
Breakfast Bar  
Tornados  
  
Lunch:  
Burrito  
Veg & Fruit Bar

**10**  
Breakfast Bar  
Tornados  
  
Lunch:  
Chicken Nuggets & FF  
Veg & Fruit Bar

**17**  
No School Oct 17<sup>th</sup> – 19<sup>th</sup>  
**Parent Teacher Conference**  
Monday 15<sup>th</sup>  
Tuesday 16<sup>th</sup>  
4pm- 7pm

**24**  
Breakfast Bar  
Tornados  
  
Lunch:  
Chicken Fajita  
Veg & Fruit Bar

**31**  
Breakfast Bar  
Tornados  
  
Lunch:  
Baked Pasta & Garlic Toast  
Veg & Fruit

### Thursday

**4**  
Breakfast Bar  
Choice of Breakfast Sandwich  
  
Lunch:  
Chicken Fried Steak Dinner  
Veg & Fruit Bar

**11**  
Breakfast Bar  
Choice of Breakfast Sandwich  
  
Lunch:  
Fish & FF  
Veg & Fruit Bar



**25**  
Breakfast Bar  
Choice of Breakfast Sandwich  
  
Lunch:  
Salisbury steak Dinner  
Veg & Fruit Bar

### Friday

**5**  
Breakfast Bar  
Combo Bars & Hash brown  
  
Lunch:  
Build a Sub Day  
Veg & Fruit Bar

**12**  
Breakfast Bar  
Combo Bars & Hash brown  
  
Lunch:  
Build a Sub Day  
Veg & Fruit Bar



**26**  
Breakfast Bar  
Combo Bars & Hash brown  
  
Lunch:  
Build a Sub Day  
Veg & Fruit Bar

Breakfast Bar: Entrée of the day or choice of Homemade Waffles, Cereal & Toast or Yogurt Parfait.  
Big Wolverine Breakfast: Biscuits & Gravy, Scrambled Eggs, Sausage, Hash browns or choice of Cereal & Toast.  
Lunch choice: Soup & Potato Bar every Mon, Wed, Thurs. This institution is an equal opportunity provider.