

OCTOBER 2018

Ethel Reed Elementary

Breakfast & Lunch Menus

Milk is a choice with each meal.
Water is available at each cafeteria.
Everyday they may pick a Fruit & Vegetable choice.

Monday

Breakfast: **1**
Biscuit & Gravy
Cereal, Fruit

Lunch:
Taco Salad

Breakfast: **8**
Donut
Cereal, Fruit

Lunch:
Popcorn Chicken

Breakfast: **15**
Biscuit & Gravy
Cereal, Fruit

Lunch:
Steak Finger Dinner

Breakfast: **22**
Donut
Cereal, Fruit

Lunch:
Sloppy Joe & FF

Breakfast: **29**
Biscuit & Gravy
Cereal, Fruit

Lunch:
Taco Salad

Tuesday

Breakfast: **2**
Omelet & Toast
Cereal, Fruit

Lunch:
Cowboy Stew & Cornbread

Breakfast: **9**
Sausage Biscuit
Cereal, Fruit

Lunch:
Chili Frito Pie

Breakfast: **16**
Omelet & Toast
Cereal, Fruit

Lunch:
PBJ Sandwich & Cheese stick
"Terrific Tuesday"

Breakfast: **23**
Sausage Biscuit
Cereal, Fruit

Lunch:
Mac&Cheese, Smokies

Breakfast: **30**
Omelet & Toast
Cereal, Fruit

Lunch:
Cowboy Stew & Cornbread

Wednesday

Breakfast: **3**
Cereal & Toast
Fruit

Lunch:
Baked Chicken & Breadstick

Breakfast: **10**
Cereal & Toast
Fruit

Lunch:
Chicken & Noodles, Hot Roll

No School Oct 17th – 19th **17**

Parent Teacher Conference
Monday 15th
Tuesday 16th
4pm- 7pm

Breakfast: **24**
Cereal & Toast
Fruit

Lunch:
Soup & Grilled Cheese

Breakfast: **31**
Cereal & Toast
Fruit

Lunch:
Baked Chicken & Breadstick

Thursday

Breakfast: **4**
Tornado & Toast
Cereal, Fruit

Lunch:
Mini Corn Dogs & FF

Breakfast: **11**
Breakfast Pizza
Cereal, Fruit

Lunch:
Bologna Sandwich & Bug Bites



Breakfast: **25**
Breakfast Pizza
Cereal, Fruit

Lunch:
Burrito & Chips

Friday

Breakfast: **5**
Pancake on a Stick
Cereal, Fruit

Lunch:
Pizza Stick & Homemade Cookie

Breakfast: **12**
French Toast Sticks
Cereal, Fruit

Lunch:
Cheeseburger & FF

19



Breakfast: **26**
French Toast Sticks
Cereal, Fruit

Lunch:
Fish Sticks & FF