

SEPTEMBER 2018

Ethel Reed Elementary

Milk is a choice with each meal.
Water is available at each
cafeteria.

Breakfast & Lunch Menus

Monday

Labor Day Holiday

No School

Tuesday

Breakfast:
Omelet & Toast
Cereal, Fruit

Lunch:
Cowboy Stew & Cornbread
Veg. & Fruit

Wednesday

Breakfast:
Cereal & Toast
Fruit

Lunch:
Baked Chicken, Roll
Veg. & Fruit

Thursday

Breakfast:
Tornado & Toast
Cereal, Fruit

Lunch:
Mini Corn Dogs & FF
Veg. & Fruit

Friday

Breakfast:
Pancake on a Stick
Cereal & Toast, Fruit

Lunch:
Pizza Stick
Veg. & Fruit

Breakfast:
Donut
Cereal & Toast, Fruit

Lunch:
Chicken Nuggets
Veg. & Fruit

Breakfast:
Sausage Biscuit
Cereal, Fruit

Lunch:
Chili Frito Pie
Veg. & Fruit

Breakfast:
Cereal & Toast
Fruit

Lunch:
Chicken & Noodles
Veg. & Fruit

Breakfast:
Breakfast Pizza
Cereal, Fruit

Lunch:
Bologna Sandwich
Veg. & Fruit

Breakfast:
French toast Sticks
Cereal & Toast, Fruit

Lunch:
Cheeseburger & FF
Veg. & Fruit

Breakfast:
Biscuit & Gravy
Cereal, Fruit

Lunch:
PBJ Sandwich
Veg. & Fruit

Breakfast:
Omelet & Toast
Cereal, Fruit

Lunch:
Steakfinger Dinner
Veg. & Fruit

Breakfast:
Cereal & Toast
Fruit

Lunch:
Spaghetti
Veg. & Fruit

Breakfast:
Tornado & Toast
Cereal, Fruit

Lunch:
Nachos
Veg. & Fruit

No School
Teacher Professional
Day

Breakfast:
Donut
Cereal & Toast, Fruit

Lunch:
Sloppy Joe & FF
Veg. & Fruit

Breakfast:
Sausage Biscuit
Cereal, Fruit

Lunch:
Mac & Cheese, Smokies
Veg. & Fruit

Breakfast:
Cereal & Toast
Fruit

Lunch:
Soup & Grilled Cheese
Veg. & Fruit

Breakfast:
Breakfast Pizza
Cereal, Fruit

Lunch:
Burrito & Chips
Veg. & fruit

Breakfast:
French toast Sticks
Cereal & Toast, Fruit

Lunch:
Fish & FF
Veg. & Fruit

