

# JANUARY 2019

## Ethel Reed Elementary

Breakfast & Lunch Menu

Milk is a choice with each meal. Water is available at each cafeteria. Every day they may pick a fruit & vegetable choice.

Monday

Tuesday

Wednesday

Thursday

Friday

Happy New Years Eve and New Years Day!



Breakfast: **7**  
Biscuits & Gravy  
Cereal, Fruit

Lunch:  
PBJ Sandwich

Breakfast: **8**  
Eggs & Toast  
Cereal, Fruit

Lunch:  
Steak finger Dinner

Breakfast: **9**  
Oatmeal & Toast  
Cereal & Toast, Fruit

Lunch:  
Spaghetti & Breadstick

Breakfast: **10**  
Tornado & Toast  
Cereal, Fruit

Lunch:  
Nachos

Breakfast: **11**  
Pancake on a Stick  
Cereal & Toast, Fruit

Lunch:  
Pizza  
**Fabulous Friday**

Breakfast: **14**  
Donut  
Cereal & Toast, Fruit

Lunch:  
Mac n Cheese with Smokies

Breakfast: **15**  
Sausage Biscuit  
Cereal, Fruit

Lunch:  
**Kindergarten Students  
chose the meal today**

Breakfast: **16**  
Oatmeal & Toast  
Cereal & Toast, Fruit

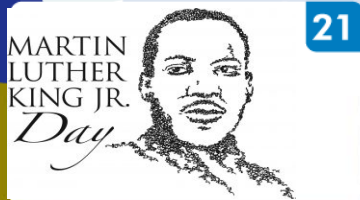
Lunch:  
Soup & Grilled Cheese

Breakfast: **17**  
Pizza  
Cereal, Fruit

Lunch:  
Burrito

Breakfast: **18**  
French toast Sticks  
Cereal & Toast, Fruit

Lunch:  
Popcorn Chicken & FF



Breakfast: **22**  
Eggs & Toast  
Cereal, Fruit

Lunch:  
Cowboy Stew

Breakfast: **23**  
Oatmeal & Toast  
Cereal & Toast, Fruit

Lunch:  
Taco Salad

Breakfast: **24**  
Tornado & Toast  
Cereal, Fruit

Lunch:  
Mini Corn Dogs & FF

Breakfast: **25**  
Pancake on a Stick  
Cereal & Toast, Fruit

Lunch:  
Pizza Stick

Breakfast: **28**  
Donut  
Cereal & Toast, Fruit

Lunch:  
Chicken Nuggets

Breakfast: **29**  
Sausage Biscuit  
Cereal, Fruit

Lunch:  
Chili Frito Pie

Breakfast: **30**  
Oatmeal & Toast  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles

Breakfast: **31**  
Pizza  
Cereal, Fruit

Lunch:  
Bologna Sandwich & Chips