

# OCTOBER 2025

## Thomas Intermediate

### Breakfast & Lunch Menu

We are required to offer  
5 components  
at Lunch to all students.  
Milk, Meat, Grain, Fruit, Vegetable.  
Students only have to take 3 of the 5.

### Monday



Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Cheeseburger & Chips  
Veg & Fruit

Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

Lunch:  
Corn Dog & TT  
Veg & Fruit



Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Mac & Cheese, Smokies  
Veg & Fruit

### Tuesday



Breakfast:  
Waffles or  
Cereal & Toast, Fruit

Lunch:  
Soup & Grilled Cheese  
Veg & Fruit. Pudding

Breakfast:  
Tornados or  
Cereal & Toast, Fruit

Lunch:  
Salisbury Steak Dinner

Breakfast:  
Pancakes & Sausage or  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich & Chips  
Veg & Fruit

Breakfast:  
Waffles or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Biscuit  
Veg & Fruit

### Wednesday

Breakfast:  
Wolverine Breakfast or  
Cereal & Toast, Fruit

Lunch:  
Hot Dog & FF  
Veg. & Fruit. Cookie

Breakfast:  
Cinnamon Roll or  
Cereal & Toast, Fruit

Lunch:  
Chicken Fry Steak Dinner

Breakfast:  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Chili Frito Pie  
Veg & Fruit

Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles, BreadSticks  
Veg & Fruit. Cake

Breakfast:  
Cinnamon Roll or  
Cereal & Toast, Fruit

Lunch:  
Lasagna & Bread Stick  
Veg & Fruit

### Thursday

Breakfast:  
Combo Bar & Toast or  
Cereal & Toast, Fruit

Lunch:  
Burrito & Spanish Rice  
Veg & Fruit. Cookie

Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
BBQ Rib Sandwich & FF  
Veg & Fruit

Enjoy your Fall  
Break!

Breakfast:  
Wolverine Breakfast or  
Cereal & Toast, Fruit

Lunch:  
Tacos, Chips & Dip  
Veg & Fruit

Breakfast:  
Oatmeal or  
Cereal & Toast, Fruit

Lunch:  
Pig in a Blanket  
Veg & Fruit, Brownie

### Friday

Breakfast:  
Muffin & Cheese& Yogurt or  
Cereal & Toast, Fruit

Lunch:  
Sack Lunches  
Home Coming Parade

Breakfast:  
Pancake on a Stick or  
Cereal & Toast, Fruit

Lunch:  
Personal Pan Pizza  
Veg & Fruit



Breakfast:  
Combo Bar & Toast or  
Cereal & Toast, Fruit

Lunch:  
Popcorn Chicken  
Veg & Fruit

Breakfast:  
Pancake on a Stick or  
Cereal & Toast, Fruit

Lunch:  
Steak Sandwich & FF  
Veg & Fruit

This institution is an equal opportunity provider.