

OCTOBER 2025

Ethel Reed Elementary

Breakfast & Lunch Menu

We are required to offer
5 components
at Lunch to all students.
Milk, Meat, Grain, Fruit, Vegetable.
Students only have to take 3 of the 5.

Monday



Tuesday



Wednesday

Thursday

Friday

Breakfast:
Pizza or
Cereal & Toast, Fruit

Lunch:
Corn Dogs & TT
Veg & Fruit

Breakfast:
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Cheeseburger & FF
Veg & Fruit



Breakfast:
Pizza or
Cereal & Toast, Fruit

Lunch:
Mac & Cheese, Smokies
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

Lunch:
Chili Frito Pie
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Pizza
Veg & Fruit

Breakfast:
Tornado or
Cereal & Toast, Fruit

Lunch:
Chicken & Noodles, Bread Stick
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

Lunch:
Steak Finger Dinner

Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Hot Dog & FF
Veg. & Fruit, Cookie

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Salisbury Steak Dinner

Breakfast:
French Toast Sticks or
Cereal & Toast, Fruit

Lunch:
Steak Sandwich & Chips
Veg & Fruit

Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch:
Taco Salad, Rice
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Burrito, Rice
Veg & Fruit, Pudding

Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Veg & Fruit

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

Lunch:
Taco, Dip & Chips
Veg & Fruit, Brownie

Enjoy your Fall
Break!

Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

Lunch:
Turkey Sandwich & Chips
Veg & Fruit, Cake

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

Lunch:
Soup & Grilled Cheese
Veg & Fruit

Breakfast:
Muffin & Cheese Stick or
Cereal & Toast, Fruit

Lunch:
Sack Lunches
Home Coming Parade

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch:
Popcorn Chicken
Veg & Fruit



Breakfast:
Muffin & Cheese Stick or
Cereal & Toast, Fruit

Lunch:
Pig in a Blanket
Veg & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch:
Chicken Sandwich & Chips
Veg & Fruit

This institution is an equal opportunity provider.