



Updated GIRLS POWERLIFTING SCHEDULE 1/23/24

JR HIGH GIRLS

McAlester date change and no JR High Division offered so we will not attend. (We will not replace this meet with another at this time.)

Tishomingo Feb. 26th Regional Meet Leaving at 5:45 AM Meet starts 9.

Choctaw Casino & Resort March 4th STATE MEET Leaving at 5:45 AM Meet starts 9.

HIGH SCHOOL GIRLS

McAlester date changed and no jr. high division so we will not attend. (We will not replace this meet with another at this time.)

Tishomingo Feb. 27th Regional Meet Leaving at 5:45 AM Meet starts 9.

Choctaw Casino & Resort March 4th STATE MEET Leaving at 5:45 AM Meet starts 9.

The STATE MEET will be Jr. High and High school on the same day.