

HOLDENVILLE HIGH SCHOOL WOLVERINES

2019 WEIGHTLIFTING

January 25th	Roland		
January 31st	Broken Bow		
February 8th	Checotah		
February 13th	Allen		
March 8th	Antlers	Regionals	
March 11th	Dixon	GIRLS ONLY	3:30
March 16th	El Reno	State	

HOLDENVILLE JUNIOR HIGH SCHOOL WOLVERINES

2019 WEIGHTLIFTING

January 24th	Roland		
February 7th	Checotah		
February 14th	Allen		
March 7th	Miami	State	