

NOVEMBER 2023

Ethel Reed Elementary

We are required to serve 5 components. Grain, Meat, Veg, Fruit, Milk for lunch to all students.

Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast: Pancakes & Sausage or Cereal & Toast, Fruit

6

Lunch: Popcorn Chicken & FF

Breakfast: Biscuit & Gravy or Cereal & Toast, Fruit

13

Lunch: Corn Dog & Tots Veg & Fruit

Thanksgiving Break

Breakfast: Breakfast Pizza or Cereal & Toast, Fruit

27

Lunch: Chicken & Noodles, Bread Stick Veg & Fruit

Breakfast: Biscuit Sandwich or Cereal & Toast, Fruit

7

Lunch: Pizza Veg & Fruit

Breakfast: Tornados or Cereal & Toast, Fruit

14

Lunch: Chili Frito Pie Veg & Fruit



Breakfast: Waffles or Cereal & Toast, Fruit

28

Lunch: Taco Salad Veg & Fruit. Cookie

Breakfast: Super Donut or Cereal & Toast, Fruit

1

Lunch: Hot Dog & FF Veg & Fruit

Breakfast: French Toast Sticks or Cereal & Toast, Fruit

8

Lunch: Chicken Sandwich & Chips Veg & Fruit. Brownie

Breakfast: Donut or Cereal & Toast, Fruit

15

Thanksgiving Dinner



Breakfast: Super Donut or Cereal & Toast, Fruit

29

Lunch: Mac & Cheese, Smokies Veg & Fruit. Cornbread

Breakfast: Oatmeal or Cereal & Toast, Fruit

2

Lunch: Burrito & Rice Veg & Fruit

Breakfast: Combo Bar & Hashbrown or Cereal & Toast, Fruit

9

Lunch: Steak Finger Dinner

Breakfast: Omelet & Toast or Cereal & Toast, Fruit

16

Lunch: Tacos Veg & Fruit



Breakfast: Oatmeal or Cereal & Toast, Fruit

30

Lunch: Pig in a Blanket Veg & Fruit

Breakfast: Pancake on a Stick or Cereal & Toast, Fruit

3

Lunch: Cowboy Stew & Cornbread Veg & Fruit. Cheese Stick

Breakfast: Cereal & Toast, Fruit

10

Lunch: Soup & Grilled Cheese Veg & Fruit

Breakfast: Muffin or Cereal & Toast, Fruit

17

Lunch: Chicken Nugget Dinner



24

This Institution is an equal opportunity employer

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com