

DECEMBER 2023

Thomas Intermediate

Breakfast & Lunch Menus

We are required to offer 5 components for Lunch to all students.

Milk, Meat, Grain, Fruit, Vegetable.

Students only have to take 3 of the 5.

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast: **4**
Pancake & Sausage or
Cereal & Toast, Fruit

Lunch:
Pizza Stix
Veg & Fruit

Breakfast: **5**
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Chicken Sandwich & Chips
Veg & Fruit

Breakfast: **6**
Breakfast Pizza or
Cereal & Toast, Fruit

Lunch:
**Meals Around the World
Italy**

Breakfast: **7**
Combo Bar & Toast or
Cereal & Toast, Fruit

Lunch:
Burrito & Rice
Veg & Fruit. Gingerbread Cake

Breakfast: **1**
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch:
Cheeseburger & FF
Veg & Fruit

Breakfast: **8**
Muffin or
Cereal & Toast, Fruit

Lunch:
Chicken Fry Steak Dinner

Breakfast: **11**
Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch:
Corn Dog & TT
Veg & Fruit

Breakfast: **12**
Tornado & Toast or
Cereal & Toast, Fruit

Lunch:
Steak Sandwich & Chips
Veg & Fruit

Breakfast: **13**
Donut or
Cereal & Toast, Fruit

Christmas Dinner

Breakfast: **14**
Omelet, Sausage & Toast or
Cereal & Toast, Fruit

Lunch:
Fish Sticks & FF
Veg & Fruit

Breakfast: **15**
French Toast Sticks or
Cereal & Toast, Fruit

Lunch:
Chicken Nuggets Dinner

Breakfast: **18**
Breakfast Pizza or
Cereal & Toast, Fruit

Lunch:
Hot Dog & FF
Veg & Fruit

Breakfast: **19**
Waffle Sticks
Fruit

Lunch:
Personal Pan Pizza
Veg & Fruit. Christmas Tree

**Christmas Break
Dec 20th – Jan 3rd.
We will see you back
on Jan 4th**



See you next year



This Institution is an equal opportunity provider

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