



SEPTEMBER 2025

Ethel Reed Elementary

We are required to offer
5 components
for Lunch to all students.
Milk, Meat, Grain, Fruit, Vegetable.
Students only have to take 3 of the 5.

Monday



Breakfast:
Biscuit & Gravy or
Cereal & Toast, Fruit

8

Lunch:
Cheeseburger & FF
Veg & Fruit

Breakfast:
Breakfast Pizza or
Cereal & Toast, Fruit

15

Lunch:
Corn Dogs & TT
Veg & Fruit, Cake

Breakfast:
Pancake & Sausage or
Cereal & Toast, Fruit

22

Lunch:
Chicken & Noodles, Bread Stick
Veg & Fruit

Breakfast:
Biscuit & Gravy or
Cereal & Toast, Fruit

29

Lunch
Pizza Stick
Veg & Fruit

Tuesday

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

2

Lunch
Pizza Stick
Veg & Fruit

Breakfast:
Tornado & Toast or
Cereal & Toast, Fruit

9

Lunch:
Cheese Pizza
Veg & Fruit, Brownie

Breakfast:
Waffles or
Cereal & Toast, Fruit

16

Lunch:
Chili Frito Pie
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

23

Lunch:
Taco Salad, Rice
Veg & Fruit

Breakfast:
Tornado & Toast or
Cereal & Toast, Fruit

30

Lunch:
Spaghetti & Bread Stick
Veg & Fruit

Wednesday

Breakfast:
French Toast Sticks or
Cereal & Toast, Fruit

3

Lunch:
Spaghetti & Bread Stick
Veg & Fruit

Breakfast:
Donut or
Cereal & Toast, Fruit

10

Lunch:
BBQ Rib Sandwich & Chips
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

17

Lunch:
Salisbury Steak Dinner

Breakfast:
French Toast Sticks or
Cereal & Toast, Fruit

24

Lunch:
Mac & Cheese, Smokies
Veg & Fruit

Thursday

Breakfast:
Combo Bar Meal or
Cereal & Toast, Fruit

4

Lunch:
Hot Dog & FF
Veg & Fruit, Pudding

Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

11

Lunch:
Steak Finger Dinner

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

18

Lunch:
Soft Tacos, Chips & Dip
Veg & Fruit

Breakfast:
Combo Bar Meal or
Cereal & Toast, Fruit

25

Lunch:
Pig in a Blanket
Veg & Fruit

Friday

Breakfast:
Cinnamon Roll or
Cereal & Toast, Fruit

5

Lunch:
Burrito, Rice
Veg & Fruit

Breakfast:
Muffin & Cheese Stick or
Cereal & Toast, Fruit

12

Lunch:
Soup & Grilled Cheese
Veg & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

19

Lunch:
Chicken Nugget Dinner

Breakfast:
Cinnamon Roll or
Cereal & Toast, Fruit

26

Lunch:
Steak Sandwich & Chips
Veg & Fruit

This institution is an equal opportunity provider



PAY FOR MEALS ONLINE
MySchoolBucks.com