

Breakfast & Lunch Menu



SEPTEMBER 2025

Thomas Intermediate

We are required to offer
5 components
for Lunch to all students.
Milk, Meat, Grain, Fruit, Vegetable.
Students only have to take 3 of the 5.

Monday



Breakfast: **8**
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch:
Cheeseburger & Chips
Veg & Fruit

Breakfast: **15**
Breakfast Pizza or
Cereal & Toast, Fruit

Lunch:
Corn Dogs & TT
Veg & Fruit, Brownie

Breakfast: **22**
Biscuit & Gravy or
Cereal & Toast, Fruit

Lunch:
Chicken & Noodles, Bread Stick
Veg & Fruit

Breakfast: **29**
Pancakes & Sausage or
Cereal & Toast, Fruit

Lunch
Pizza Stick
Veg & Fruit

Tuesday

Breakfast: **2**
Tornados or
Cereal & Toast, Fruit

Lunch
Spaghetti & Bread Stick
Veg & Fruit

Breakfast: **9**
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Soup & Grilled Cheese
Veg & Fruit, Cake

Breakfast: **16**
Waffles or
Cereal & Toast, Fruit

Lunch:
Chili Frito Pie
Veg & Fruit

Breakfast: **23**
Tornados or
Cereal & Toast, Fruit

Lunch:
Pig in a Blanket
Veg & Fruit

Breakfast: **30**
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Spaghetti & Bread Stick
Veg & Fruit

Wednesday

Breakfast: **3**
Donut or
Cereal & Toast, Fruit

Lunch:
Hot Dog & FF
Veg & Fruit

Breakfast: **10**
Wolverine Breakfast or
Cereal & Toast, Fruit

Lunch:
Chicken Fry Steak Dinner

Breakfast: **17**
Cinnamon Roll or
Cereal & Toast, Fruit

Lunch:
Salisbury Steak Dinner

Breakfast: **24**
Donut or
Cereal & Toast, Fruit

Lunch:
Chicken Nugget Meal

Thursday

Breakfast: **4**
Omelet, Sausage & Toast or
Cereal & Toast, Fruit

Lunch:
Burrito, Rice
Veg & Fruit, Pudding

Breakfast: **11**
Combo Bar Meal or
Cereal & Toast, Fruit

Lunch:
BBQ Rib Sandwich & Chips
Veg & Fruit

Breakfast: **18**
Biscuit Sandwich or
Cereal & Toast, Fruit

Lunch:
Soft Tacos, Chips & Dip
Veg & Fruit

Breakfast: **25**
Omelet & Toast or
Cereal & Toast, Fruit

Lunch:
Chicken Sandwich & Chips
Veg & Fruit, Cookie

Friday

Breakfast: **5**
French Toast Sticks or
Cereal & Toast, Fruit

Lunch:
Cowboy Stew & Cornbread
Veg & Fruit

Breakfast: **12**
Muffin & Yogurt or
Cereal & Toast, Fruit

Lunch:
Deep Dish Pizza
Veg & Fruit

Breakfast: **19**
Pancake on a Stick or
Cereal & Toast, Fruit

Lunch:
Chicken & Biscuit
Veg & Fruit

Breakfast: **26**
French Toast Sticks or
Cereal & Toast, Fruit

Lunch:
Mac & Cheese, Smokies
Veg & Fruit

This institution is an equal opportunity provider