

# FEBRUARY 2023

## Ethel Reed Elementary

Milk comes with each meal.  
Water is available at each site.

### Breakfast & Lunch Menu

#### Monday



**6**  
Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit

Lunch:  
Corn Dog & FF  
Veg & Fruit

**13**  
Breakfast:  
Pancakes & Sausage or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles  
Veg & Fruit



**27**  
Breakfast:  
Pancakes & Sausage or  
Cereal & Toast, Fruit

Lunch:  
Pizza Stick  
Veg & Fruit

#### Tuesday



**7**  
Breakfast:  
Tornado or  
Cereal & Toast, Fruit

Lunch:  
Chili Frito Pie  
Veg & Fruit

**14**  
Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Taco Salad  
Veg & Fruit. Little Deb Cake

**21**  
Breakfast:  
Tornado or  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Veg & Fruit

**28**  
Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Baked Pasta & Breadsticks  
Veg & Fruit

#### Wednesday

**1**  
Breakfast:  
Donuts or  
Cereal & Toast, Fruit

Lunch:  
Hot Dog & FF  
Veg & Fruit

**8**  
Breakfast:  
Muffin or  
Cereal & Toast, Fruit

Lunch:  
Salisbury Steak Dinner

**15**  
Breakfast:  
Donuts or  
Cereal & Toast, Fruit

Lunch:  
Mac & Cheese & Smokies  
Veg & Fruit

**22**  
Breakfast:  
Muffin or  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich  
Veg & Fruit. No Bake Cookies

#### Thursday

**2**  
Breakfast:  
Oatmeal or Cereal & Toast, Fruit

Lunch:  
Smothered Tater Tots  
Veg & Fruit, Cake  
**It's Ground Hog Day!**

**9**  
Breakfast:  
Omelet or  
Cereal & Toast, Fruit

Lunch:  
Soft Tacos  
Veg & Fruit. Cookie

**16**  
Breakfast:  
Combo Bar Meal or  
Cereal & Toast, Fruit

Lunch:  
Pig in a Blanket  
Veg & Fruit

**23**  
Breakfast:  
Omelet or  
Cereal & Toast, Fruit

Lunch:  
Steak Fingers Dinner

#### Friday

**3**  
Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Cowboy Stew & Cornbread  
Veg & Fruit

**10**  
Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit

Lunch:  
Chicken Nuggets  
Veg & Fruit

**17**  
Breakfast:  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Cheeseburger & Chips  
Veg & Fruit

**24**  
Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit

Lunch:  
Soup & Grilled Cheese  
Veg & Fruit



This institution is an equal opportunity provider.