

# FEBRUARY 2023

Milk comes with each meal.  
Water is available at each site.

## Breakfast & Lunch Menu

## Thomas Intermediate

### Monday



Breakfast: **6**  
Biscuit & Gravy or  
Cereal & Toast, Fruit

Lunch:  
Chicken & Noodles  
Veg & Fruit

Breakfast: **13**  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Pizza Stick  
Veg & Fruit



Breakfast: **27**  
Donut or  
Cereal & Toast, Fruit

Lunch:  
Corn Dogs & FF  
Veg & Fruit

### Tuesday



Breakfast: **7**  
Tornado or  
Cereal & Toast, Fruit

Lunch:  
Walking Taco  
Veg & Fruit

Breakfast: **14**  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Baked Pasta  
Veg & Fruit. Little Deb Cake

Breakfast: **21**  
Tornado or  
Cereal & Toast, Fruit

Lunch:  
Pizza  
Veg & Fruit

Breakfast: **28**  
Biscuit Sandwich or  
Cereal & Toast, Fruit

Lunch:  
Chili Frito Pie  
Veg & Fruit

### Wednesday

Breakfast: **1**  
Pancakes & Sausage or  
Cereal & Toast, Fruit

Lunch:  
Salisbury Steak Dinner

Breakfast: **8**  
Muffin or  
Cereal & Toast, Fruit

Lunch:  
Mac & Cheese, Smokies  
Veg & Fruit

Breakfast: **15**  
Pancakes & Sausage or  
Cereal & Toast, Fruit

Lunch:  
Hot Dog & FF  
Veg & Fruit

Breakfast: **22**  
Muffin or  
Cereal & Toast, Fruit

Lunch:  
Chicken Sandwich  
Veg & Fruit. No Bake Cookies



### Thursday

Breakfast: **2**  
Combo Bar meal or Cereal &  
Toast, Fruit

Lunch:  
Smothered Tater Tots  
Veg & Fruit, Cake  
**It's Ground Hog Day!**

Breakfast: **9**  
Omelet or  
Cereal & Toast, Fruit

Lunch:  
Ham & Cheese Sub  
Veg & Fruit. Cookie

Breakfast: **16**  
Oatmeal or  
Cereal & Toast, Fruit

Lunch:  
Burrito & Rice  
Veg & Fruit

Breakfast: **23**  
Omelet or  
Cereal & Toast, Fruit

Lunch:  
Chicken Fry Steak Dinner



### Friday

Breakfast: **3**  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Chicken Nuggets  
Veg & Fruit

Breakfast: **10**  
Pancake on a Stick or  
Cereal & Toast, Fruit

Lunch:  
Cheeseburger & FF  
Veg & Fruit

Breakfast: **17**  
Pizza or  
Cereal & Toast, Fruit

Lunch:  
Cowboy Stew & Cornbread  
Veg & Fruit

Breakfast: **24**  
Pancake on a Stick or  
Cereal & Toast, Fruit

Lunch:  
Soup & Grilled Cheese  
Veg & Fruit



This institution is an equal opportunity provider.