

# SEPTEMBER 2022

## Ethel Reed Elemenatry

Milk is provided with all meals.  
Water is available at each site.



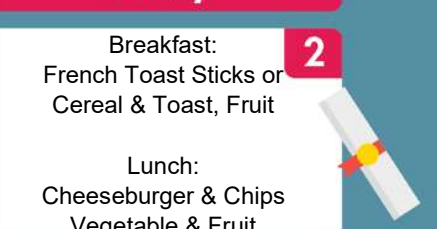
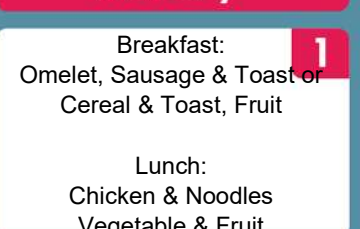
### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**5**  
**Labor Day Holiday**  
**No School**

**6**  
Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit  
  
Lunch:  
Spaghetti & Breadstick  
Vegetable & Fruit

**7**  
Breakfast:  
Donut or  
Cereal & Toast, Fruit  
  
Lunch:  
Hot Dog & FF  
Vegetable & Fruit

**8**  
Breakfast:  
Combo Bar, Hash brown &  
Toast or Cereal & Toast, Fruit  
  
Lunch:  
Burrito & Spanish Rice  
Vegetable & Fruit

**9**  
Breakfast:  
Pizza or  
Cereal & Fruit  
  
Lunch:  
Cowboy Stew & Cornbread  
Vegetable & Fruit

**12**  
Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit  
  
Lunch:  
Popcorn Chicken & FF  
Vegetable & Fruit

**13**  
Breakfast:  
Tornados & Toast or  
Cereal & Toast, Fruit  
  
Lunch:  
Pizza  
Vegetable & Fruit

**14**  
Breakfast:  
Goopy Chocolate Muffin or  
Cereal & Toast, Fruit  
  
Lunch:  
Chicken Sandwich & Chips  
Vegetable & Fruit

**15**  
Breakfast:  
Omelet & Toast or  
Cereal & Toast, Fruit  
  
Lunch:  
Steak finger Dinner  
Vegetable & Fruit

**16**  
Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit  
  
Lunch:  
Grilled Cheese & Soup  
Vegetable & Fruit

**19**  
Breakfast:  
Pancake & Sausage or  
Cereal & Toast, Fruit  
  
Lunch:  
Corn Dogs & Tots  
Vegetable & Fruit

**20**  
Breakfast:  
Biscuit Sandwich or  
Cereal & Toast, Fruit  
  
Lunch:  
Chili Frito Pie  
Vegetable & Fruit

**21**  
Breakfast:  
Donut or  
Cereal & Toast, Fruit  
  
Lunch:  
Salisbury Steak Dinner

**22**  
Breakfast:  
Oatmeal & Toast or  
Cereal & Toast  
  
Lunch:  
Soft Taco & Chips  
Vegetable & Fruit

**23**  
Breakfast:  
Pizza or  
Cereal & Fruit  
  
Lunch:  
Chicken Nuggets  
Vegetable & Fruit

**26**  
Breakfast:  
Biscuit & Gravy or  
Cereal & Toast, Fruit  
  
Lunch:  
Pig in a Blanket  
Vegetable & Fruit

**27**  
Breakfast:  
Tornados & Toast or  
Cereal & Toast, Fruit  
  
Lunch:  
Taco Salad & Spanish Rice  
Vegetable & Fruit

**28**  
Breakfast:  
Blueberry Muffin or  
Cereal & Toast, Fruit  
  
Lunch:  
Mac & Cheese, Smokies  
Vegetable & Fruit

**29**  
Breakfast:  
Omelet & Toast or  
Cereal & Toast, Fruit  
  
Lunch:  
Chicken & Noodles  
Vegetable & Fruit

**30**  
Breakfast:  
French Toast Sticks or  
Cereal & Toast, Fruit  
  
Lunch:  
Cheeseburger & Chips  
Vegetable & Fruit

This institution is an equal opportunity provider.



Adults & HS students Online pay online available